



## Karina Guardiola-Lopez

### Contact Information:

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**Biography:** Karina Guardiola-Lopez, MSED, is a Honduran American, Jewtina from New York City. She is a poet, writer, writing coach, educator, and author of Textual Time Capsules (2021), Jewtina Journals (2016), and co-author of Live Big Girl (2017). Her poetry has been published worldwide within the U.S., Australia, and the Philippines. Her works have appeared in New Brunswick Public Library (2023), Welton Online Journal (2022), For LaLiberta Online (2021), Women who Roar, (2020), Great Weather for Media (2020), Writing For Peace, (2020), Indolent Books (2020), Acentos Review (2019), and many others. She has featured at The NYC Poetry Festival at Governor's Island, The National Black Theatre, Nuyorican Poets Cafe, Bowery Poetry Club, The Bronx Museum, just to name a few. Her collection of poetic stickers, magnets, and card deck for writers is available for purchase. Go to [www.kglopez.com](http://www.kglopez.com) for more information.

### Education:

Baruch College, MSED in Higher Education Administration

City College, B.A. English with a focus in Creative Writing

National Association for Poetry Therapy, Certified Applied Poetry Facilitator (CAPF) Candidate

Certifications: Video Editing with Manhattan Neighborhood Network, Studio Production with Manhattan Neighborhood Network and Field Production with Bronxnet Television and MNN.

**Facilitated Workshops:**

Steps to Self-Publishing, 2023- present  
Feedback for Revision 2022- present  
Writing with Purpose, 2022- present  
Poetry Sensory, 2022- Present  
15- minute writing workshop with Great Weather for Media, 2023  
Meditation and Poetry Workshop with Michel M. Antoine MSW, 2022  
All Things Poetry Micro Workshop, 2022  
B.A.R.S., 2012- 2021  
NaPoMo 4-3-21 Workshop, 2021  
House of Art Poetry writing Workshop and Open Mic, 2021  
First Draft Workshop with Urban Word NYC, 2019  
Live Big Girl Writing Workshop, 2018-2019  
PoeArtry, 2015-2020  
Pens, Pads, and Poets, 2010-2020

**Publications:**

*Fragile Fingertips*, New Brunswick Public Library, 2023  
*Ombromanie*, Welter Online Literary Journal, 2022  
*Survive Under 25 and X's*, LaLibreta Online, 2021  
*Rhombus Life*, Far Too Fat Zine, 2021  
*Cunetos, Hostorias, y Verdades*, What They Leave Behind, 2021  
*She is Art and Shopping*, For Women Who Roar, 2020  
*Black, White, Brown, and Me*, Ice Colony 2020  
*I Can't Breathe and Speak*, Writing for Peace, 2020  
*Before the Pandemic*, Great Weather for Media, 2020  
*Gloves*, Indolent Books, 2020  
El Mago Malo, Stuck in the Library, Brooklyn College, 2019  
*Eclipse*, The Scrib Arts Journal, 2019  
*Roatán*, Epopeya Magazine, 2019  
*They Don't Know*, Acentos Review, 2019  
*See the Silhouettes*, Las Tres Hermana's Tribute, Hostos Community College, 2017  
*Genes of Sephardim*, La Pluma Y La Tinta Anthology 2016  
*Headaches and Heartaches*, The Abuela Stories Project Anthology 2016  
*Question #13*, The Latino Author, 2015  
*Headband*, The BX Files, 2015  
Full Circle Ensemble's No Apologies, 2014  
La Pluma y La Tinta's New Voices, 2014  
Genes of Sephardim, The Longest 24 Hours, Poetica Magazine Spring, 2014  
Tu'b'shevat, Poetica Magazine Fall, 2014  
La Gringa, Everything Art, 2012  
*Mercy, Mercy, Mercy*, City College's Jazz Poetry Anthology, 2006

**Features:**

Interview and Reading with Zulmie, 2022  
The Harlem Bomb Shelter, 2022  
Que Lo Que/What's New, 2022  
Great Weather for Media, 2022  
Lost and Found Reading, 2021

What They Leave Behind Reading, 2021  
Live Big Girl reading & workshop with NAAFA, 2021  
Poets with Purpose, 2021  
Sis Listen to This Podcast, 2021  
Great Weather for Media, 2020  
UBPS's Pass the Mic w/ El David, 2020  
First Draft: Urban Word Workshop and Reading, 2019  
9th Annual Poetry Festival: Governor's Island, 2019  
East Harlem Culture Collective Summer Reunion, 2019  
Bronx Bound Books, 2019  
Herstory: La Galeria, 2019  
Live Big Writing Workshop and Reading at Guttman College, 2019  
Great Weather for Media with Live Big Girl, 2019  
Reg E Gaines Workshop Showcase at Bowery Poetry Club, 2018  
Lady Fest with Live Big Girl: The Tank Theater, 2018  
8th Annual Poetry Festival: Governor's Island, 2018  
Cell Block Tango, Directed by Victor Cruz: Polaris North, 2018  
Project Her Voice at York College, 2018  
Capicu Culture: Evololive 2018  
The Harlem Renaissance Night: Harlem Alliance Reading, 2018  
WE WORK Harlem, 2018  
BAAD ASS WOMEN Festival, 2018  
Live Big Girl, Three Women Show: National Black Theatre, 2017  
Oye Mi Canto- Puerto Rican Relief: We Work Harlem, 2017  
Las Tres Hermanas Reading at Hostos Community College, 2017  
WORD- A Caribbean Lit Fest: Bedford Stuyvesant Restoration, 2017  
The Outlaw of Poetry Book Release: South of France, 2017  
Live Big Girl, Three Women Show: National Black Theatre, 2016  
Oye Mi Canto- Puerto Rican Relief: We Work Harlem, 2016  
CUNY Hostos Community College: Las Tres Hermanas, 2016  
WORD- A Caribbean Lit Fest: Bedford Stuyvesant Restoration, 2016  
The Outlaw of Poetry Book Release: South of France, 2016  
Robles Writes Presents Travsias Urbanas, 2015  
East Harlem Café, 2015  
ELKAT's Smokin Word, 2015  
Full Circle Ensemble's One Mic, 2015  
National Black Theater, 2015  
Open Moments' Guess Who's Coming for Brunch: St. Mary's Rec Center, 2015  
Full Circle Ensemble's Misconceptions, 2015  
The National Black Theater, 2015  
Full Circle Ensemble's Page to the Stage, 2015  
La Pluma Y La Tinta's New Voices: QED, 2015  
The Sunday Writing Circle's Book Release: Andrew Freedman Home, 2014  
Wang Productions's Revolucion: Richmond Hill Library, 2014  
La Pluma Y La Tinta's New Voices: Simplicity Bar, 2014  
Open Moments' Cadence of Hair at El Fogon Center for Arts, 2014  
Sugar Hill Beats: Tsion Café, 2014  
Open Mic, Art and Dance, 2014  
Arieto Live, 2014  
La Pluma Y La Tinta's New Voices: Pacific Standard Bar, 2014  
La Pluma Y La Tinta's Series Latinos Love and Magic: La Casa Azul Bookstore, 2014  
La Pluma y La Tinta's Latino Narrative at The New School 2013

La Pluma Y La Tinta's Reading Series, 2013  
La Casa Azul Bookstore, 2013  
Canvas of Words, 2013  
I Have a Dream: Taller Latino Americano, 2013  
LaGuardia Community College's Showcase, 2012  
City College of New York, 2006

**Interviews:**

Univision 41 NY, 2023  
Interview with Zulmie the Poet, 2022  
InterviewWithWriters.com, 2020  
Jewtina Voices Project, 2020  
InterviewWithAuthors.com, 2018  
Big Girl Show, 2018  
The Sixto Ramos Show, 2018  
Queens Public Television, 2018  
Writing Across the Curriculum, 2017  
Bronxnet's Open, 2017  
The Fenn Den Podcast, 2017  
Bronxnet Television, 2017  
The J Spot- WHCR 90.FM, 2017  
www.spokenvisionz.com, 2014  
www.sofritoforyoursoul.com, 2013  
Theresa Varela, 2013

**Books:**

Textual Time Capsules, Book, 2021  
Live Big Girl (co-written), 2017  
Jewtina Journals, 2016  
Pens Pads and Poets (Teen Anthology), 2015  
The Journals and Journeys, 2012  
Poems, Prose, and Phases, 2010

**Plays:**

Cell Block Tango, written and performed, directed by Victor Cruz, 2018  
Live Big Girl, directed by Peggy Robles Alvarado, 2017  
Full Circle's Speaking Your Truth, written and directed by Andres Rodriguez, 2016  
Full Circle's Misconceptions, written and directed by Andres Rodriguez, 2015  
Full Circle's Page to the Stage, written and directed by Latanya Devaughn, 2015

**Projects:**

Poetic Magnet and Sticker: Dear Poet on Etsy, 2023  
Poems, Prompts, and Purpose Writer Card Deck, 2022  
NaPoMo meets ASL Day: ASL Poetry, 2022  
Poetic Magnet and Sticker Collection on Etsy, 2022

**Hosted Open Mic Events:**

2-2-22, Impromptu Virtual Open Mic, 2022  
NaPoMo 4-3-21 Open Mic, *after workshop*, 2021  
Pens, Pads, and Poets Teen Open Mic Night, 2015

Spook N Word Poetry, 2014  
Teen Open Mic, 2013

**Music Features:**

Machete Movement's Fusion Theory, "We Come From", 2018  
El David's Pages from My Rhyme Book, "Open Your Mind", 2017  
Tribes Magazine's All Female Mix Tape "Pressing Play", 2012

**Film Feature:**

Big Girl Web Series, 2020

**Mentioned/featured in the following websites:**

Top 14 Latinos Writers from New York, [www.latinabookclub.com](http://www.latinabookclub.com)  
Puerto Rican Institute for the Development of the Arts, [www.prida.org](http://www.prida.org)  
6 Things you Should Know...[www.bronxnet.org/6things](http://www.bronxnet.org/6things)  
La Pluma y La Tinta's 5th year Anniversary [www.latintrends.com](http://www.latintrends.com)

**Poetry Judge:**

Hostos Community College, 2016–2020  
Urban Word NYC, 2018 - 2019  
Children's Aid Society, 2013 - 2015